

20 DAYS TO TAKEOVER

INTRODUCTION

Like **OMG**. We're totally going to make you into a *giggly plastic pleasure fuckpuppet bimbo!*

This plan contains *20 unique playlists*. Each phase builds on the last, deeply preparing you for **Bambi Takeover** on Day 19, and the **Mental Makeover** playlist on Day 20.

Start with **Day 1**. Move onto the next playlist each day you listen. Listen every day, every other day, once a week – whatever works for you.

Beginners can repeat **Days 1 - 6** once or twice before moving forward. Advanced users should revisit one of these playlists every now and then!

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20 DAYS TO TAKEOVER

DAY 1

DEEP   

INDUCTION

01 Bubble Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

04 Bambi IQ Lock

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 24 minutes

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20 DAYS TO TAKEOVER

DAY 2

DEEP   

INDUCTION

01 Bubble Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

05 Bambi Body Lock

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 27 minutes

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20 DAYS TO TAKEOVER

DAY 3

DEEP   

INDUCTION

01 Bubble Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

06 Bambi Attitude Lock

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 26 minutes

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20 DAYS TO TAKEOVER

DAY 4

DEEPER   

INDUCTION

00 Rapid Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

04 Bambi IQ Lock

Bimbodoll Conditioning

07 Bambi Uniformed

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 23 minutes

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20 DAYS TO TAKEOVER

DAY 5

DEEPER   

INDUCTION

00 Rapid Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

05 Bambi Body Lock

Bimbodoll Conditioning

08 Bambi Takeover

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 23 minutes

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20 DAYS TO TAKEOVER

DAY 6

DEEPER   

INDUCTION

00 Rapid Induction

Bimbodoll Conditioning

02 Bubble Acceptance

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

06 Bambi Attitude Lock

Bimbodoll Conditioning

09 Bambi Cockslut

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 29 minutes

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20 DAYS TO TAKEOVER

DAY 7

DEEPEST  

INDUCTION

00 Rapid Induction

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

04 Bambi IQ Lock

Bimbodoll Conditioning

05 Bambi Body Lock

Bimbodoll Conditioning

06 Bambi Attitude Lock

Bimbodoll Conditioning

09 Bambi Cockslut

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 28 minutes

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20 DAYS TO TAKEOVER

DAY 8

DEEPEST  

INDUCTION

00 Rapid Induction

Bimbodoll Conditioning

CONDITIONING

03 Bambi Named and Drained

Bimbodoll Conditioning

06 Bambi Attitude Lock

Bimbodoll Conditioning

07 Bambi Uniformed

Bimbodoll Conditioning

08 Bambi Takeover

Bimbodoll Conditioning

09 Bambi Cockslut

Bimbodoll Conditioning

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

1 hour 28 minutes

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20 DAYS TO TAKEOVER

DAYS 9+

From here on out, no playlists will use any of the original Bimbodoll Conditioning files (except for 10 Bambi Awakens).

Don't forget to return to these playlists every so often.

Those new to the Bambi hypnosis files may want to repeat days 1-6 once or twice before moving forward.

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20 DAYS TO TAKEOVER

DAY 9

GIGGLY  

PRE-TRANCE

Control Loop: Barbie

Training Loops

INDUCTION

01 Blank Mindless Doll

Fuckdoll Brainwash

CONDITIONING

02 Cock Dumb Hole

Fuckdoll Brainwash

01 Bimbo Giggletime

Fucktoy Submission

AWAKENER

05 Bimbo Drift

Fuckdoll Brainwash

55 minutes

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20 DAYS TO TAKEOVER

DAY 10

GIGGLY  

PRE-TRANCE

Control Loop: Bimbo

Training Loops

INDUCTION

01 Blank Mindless Doll

Fuckdoll Brainwash

CONDITIONING

03 Uniform Slut Puppet

Fuckdoll Brainwash

02 Mindlocked Cock Zombie

Fucktoy Submission

AWAKENER

05 Bimbo Drift

Fuckdoll Brainwash

58 minutes

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20 DAYS TO TAKEOVER

DAY 11 | PLASTIC

INDUCTION

01 Blank Mindless Doll

Fuckdoll Brainwash

CONDITIONING

01 Fake Plastic Fuckpuppet

Fuckpuppet Freedom

04 Vain Horny Happy

Fuckdoll Brainwash

AWAKENER

05 Bimbo Drift

Fuckdoll Brainwash

53 minutes

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20 DAYS TO TAKEOVER

DAY 12 | PLASTIC   

INDUCTION

01 Blank Mindless Doll

Fuckdoll Brainwash

CONDITIONING

02 Cock Dumb Hole

Fuckdoll Brainwash

02 Designer Pleasure Puppet

Fuckpuppet Freedom

AWAKENER

10 Bambi Awakens

Bimbodoll Conditioning

55 minutes

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20 DAYS TO TAKEOVER

DAY 13 | PLASTIC

INDUCTION

00 Bimbo Drone

Reinforcement

03 Bimbo Fuckpuppet Oblivion

Fuckpuppet Freedom

CONDITIONING

03 Uniform Slut Puppet

Fuckdoll Brainwash

04 Vain Horny Happy

Fuckdoll Brainwash

AWAKENER

05 Bimbo Drift

Bimbodoll Conditioning

1 hour 2 minutes

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20 DAYS TO TAKEOVER

DAYS 14-16 | PLEASURE   

The next three days introduce the 3 fantasy files: Blowup Pleasure Toy, Perfect Bimbo Maid, and Restrained and Milked.

These are optional. Feel free to swap out one fantasy for another or leave them out entirely.

But don't forget the Blowup Pleasure Toy helps condition the cum and collapse trigger, and Perfect Bimbo Maid helps condition the Bambi does as she's told trigger.

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20 DAYS TO TAKEOVER

DAY 14 | PLEASURE

INDUCTION

00 Bimbo Drone	<i>Enforcement</i>
01 Bimbo Relaxation	<i>Enforcement</i>
04 Bimbo Tranquility	<i>Enforcement</i>

CONDITIONING

02 Cock Dumb Hole	<i>Fuckdoll Brainwash</i>
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REINFORCEMENT

07 Bimbo Servitude	<i>Enforcement</i>
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DEEPENER

03 Bimbo Slumber	<i>Enforcement</i>
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FANTASY

01 Blowup Pleasure Toy	<i>Fucktoy Fantasy</i>
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REINFORCEMENT

09 Bimbo Amnesia	<i>Enforcement</i>
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AWAKENER

05 Bimbo Drift	<i>Fuckdoll Brainwash</i>
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1 hour 14 minutes

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20 DAYS TO TAKEOVER

DAY 15 | PLEASURE

INDUCTION

00 Bimbo Drone	<i>Enforcement</i>
01 Bimbo Relaxation	<i>Enforcement</i>
02 Bimbo Mindwipe	<i>Enforcement</i>
05 Bimbo Pride	<i>Enforcement</i>

CONDITIONING

03 Uniform Slut Puppet	<i>Fuckdoll Brainwash</i>
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REINFORCEMENT

08 Bimbo Addiction	<i>Enforcement</i>
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DEEPENER

03 Bimbo Slumber	<i>Enforcement</i>
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FANTASY

02 Perfect Bimbo Maid	<i>Fucktoy Fantasy</i>
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REINFORCEMENT

10 Bimbo Protection	<i>Enforcement</i>
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AWAKENER

05 Bimbo Drift	<i>Fuckdoll Brainwash</i>
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1 hour 16 minutes

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20 DAYS TO TAKEOVER

DAY 16 | PLEASURE

INDUCTION

00 Bimbo Drone	<i>Enforcement</i>
01 Bimbo Relaxation	<i>Enforcement</i>
02 Bimbo Mindwipe	<i>Enforcement</i>
06 Bimbo Pleasure	<i>Enforcement</i>

CONDITIONING

04 Vain Horny Happy	<i>Fuckdoll Brainwash</i>
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REINFORCEMENT

07 Bimbo Servitude	<i>Enforcement</i>
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DEEPENER

03 Bimbo Slumber	<i>Enforcement</i>
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FANTASY

03 Restrained and Milked	<i>Fucktoy Fantasy</i>
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REINFORCEMENT

09 Bimbo Amnesia	<i>Enforcement</i>
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AWAKENER

05 Bimbo Drift	<i>Fuckdoll Brainwash</i>
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1 hour 20 minutes

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20 DAYS TO TAKEOVER

DAY 17 | FUCKPUPPET

INDUCTION

00 Bimbo Drone	<i>Enforcement</i>
03 Bimbo Slumber	<i>Enforcement</i>
04 Bimbo Tranquility	<i>Enforcement</i>

CONDITIONING

01 Fake Plastic Fuckpuppet	<i>Fuckpuppet Freedom</i>
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REINFORCEMENT

08 Bimbo Addiction	<i>Enforcement</i>
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DEEPENER

05 Bimbo Pride	<i>Enforcement</i>
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CONDITIONING

01 Bimbo Giggletime	<i>Fucktoy Submission</i>
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REINFORCEMENT

09 Bimbo Amnesia	<i>Enforcement</i>
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AWAKENER

10 Bambi Awakens	<i>Bimbodoll Conditioning</i>
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1 hour 23 minutes

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20 DAYS TO TAKEOVER

DAY 18 | FUCKPUPPET

INDUCTION

00 Bimbo Drone	<i>Enforcement</i>
03 Bimbo Slumber	<i>Enforcement</i>
04 Bimbo Tranquility	<i>Enforcement</i>

CONDITIONING

02 Designer Pleasure Puppet	<i>Fuckpuppet Freedom</i>
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REINFORCEMENT

07 Bimbo Servitude	<i>Enforcement</i>
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DEEPENER

06 Bimbo Pleasure	<i>Enforcement</i>
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CONDITIONING

02 Mindlocked Cock Zombie	<i>Fucktoy Submission</i>
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REINFORCEMENT

10 Bimbo Protection	<i>Enforcement</i>
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AWAKENER

05 Bimbo Drift	<i>Fuckdoll Brainwash</i>
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1 hour 17 minutes

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20 DAYS TO TAKEOVER

DAY 19 | FUCKPUPPET

INDUCTION

01 Blank Mindless Doll *Fuckdoll Brainwash*

CONDITIONING

04 Vain Horny Happy *Fuckdoll Brainwash*

03 Bimbo Fuckpuppet Oblivion *Fuckpuppet Freedom*

02 Bimbo Mindwipe *Enforcement*

02 Cock Dumb Hole *Fuckdoll Brainwash*

01 Bimbo Giggletime *Fucktoy Submission*

REINFORCEMENT

09 Bimbo Amnesia *Enforcement*

10 Bimbo Protection *Enforcement*

AWAKENER

05 Bimbo Drift *Fuckdoll Brainwash*

2 hours

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20 DAYS TO TAKEOVER

DAY 20

♥ BIMBO ♥

Session Release: Bambi Mental Makeover

01 Sleepygirl Salon

02 Mentally Platinum Blonde

03 Automatic Airhead

04 Superficial Basic Bitch

07 Makeover Awakener

1 hour 18 minutes

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20 DAYS TO  TAKEOVER

YAY! YOU'RE LIKE A TOTAL BIMBO

So like, what now?

More training plans are on the way!
Check out my upcoming **Year of the Bimbo**
training plan!

A mix of conditioning and lighter listening so you
can have more time focusing on your bimbo
dreams <3

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Thank you for helping make this a *reality!*

20 DAYS TO TAKEOVER

Cute nerdy bimbos might be curious how this training was designed and why it works. So here's the rundown, girl!

Stages **Deep**, **Deeper**, and **Deepest** use only files from the first Bambi hypnosis release, *Bambi Bimbodoll Conditioning* available on the April 2017 bambisleep.blogspot.com post.

Days 1-3: Trance training and essential conditioning.

Days 4-5: Practice shorter induction and layer on reinforcement files.

Days 7-8: *Lock in* all Bimbodoll Conditioning

The remaining stages progress through all other Bambi hypnosis releases from the original blogspot site. **Giggly** focuses on *Bambi Fuckdoll Brainwash* and *Bambi Fucktoy Submission*. **Plastic** layers in *Bambi Fuckpuppet Freedom*. **Pleasure** starts using the *Enforcement* files with playlists built around the *Bambi Fucktoy Fantasy* release.

Days 9-13: Submit to bimbo addiction, setting up cravings for takeover

Days 14-16: Bimbo training becomes linked to your core sexual desires.

Days 17-20: *Lock in* all training and let Bambi takeover.

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20 DAYS TO TAKEOVER

Thank you, beautiful bimbos and friends!

This project took like waaaaay longer than expected. Not too mention all the hours of listening to Bambi hypnosis files haha like OMG I'm such a silly bimbo <3

I couldn't have done without the support of my *Patrons* at patreon.com/bimbobear! I also couldn't have done it without help from the mods of the Bambi discord server and many other friends there <3

And, naturally, I couldn't have done this without the wonderful creator of the Bambi hypnosis files!

Please consider supporting that beauty (nicknamed 'Bambi Prime') on their Patreon, too!
patreon.com/bambisleep

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